



# RSVP Spotlight

RSVP - An Invitation to Serve

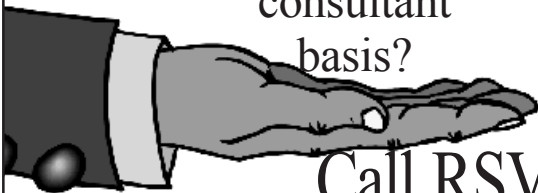
January, February, March 2009

## CONSULTANT CORPS

Giving people with specialized skills a way to stay involved in the community using their talents.

### Volunteers!

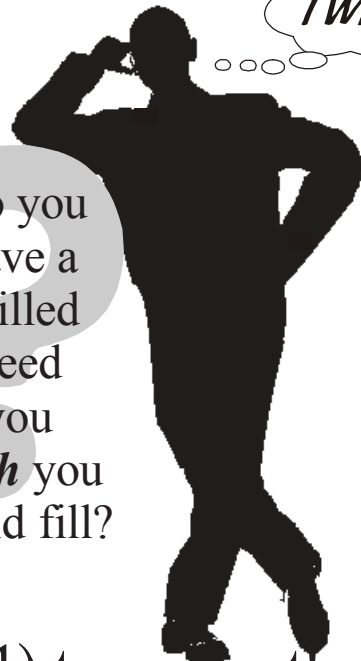
Do you have a specialized skill that you would *share* with a public or nonprofit agency on a short-term volunteer consultant basis?



### AGENCIES!

Do you have a skilled need you *wish* you could fill?

*I Wish...*



Call RSVP (875-3631) to connect!

## Dear Volunteers & Agency Reps:

*RSVP has direct service projects in which volunteers can serve on a short term basis or periodically during the year. You can teach a class on emergency preparedness, interview Veterans, or share a skill through our Consultant Corps.*

*Become a **Certified Neighborhood Emergency trainer**. After completion of a 3½ hour class, trainers will periodically conduct a 2 hour class to help the public achieve an awareness of basic disaster preparation. Call Laureen Anderson at 875-3664 for information concerning both classes.*

***Agency Representatives** – If you would like to schedule a Neighborhood Emergency Training (NET) class at your facility call RSVP for more information, 875-3664.*

*We need volunteers to conduct videotaped interviews of veterans at the RSVP office for the **Veterans History Project**. These interviews are sent to and archived at the Library of Congress. For more information call Gail Hoberman at 875-4460.*

*Laureen Anderson*

**Sign  
Up**

The volunteer opportunities featured in this issue of the Spotlight are a small sample of the selections available at the RSVP office. **Contact us at 875-3631.**

**It is baby bird season** and the **WILDLIFE CARE ASSOCIATION** can use your help feeding them at the nursery located at 5211 Patrol Rd., McClellan. Other tasks might be reception, manning the hotline, clerical, etc. *Call Kathy Cammorata at 965-9453.*

The **SACRAMENTO FOOD BANK** has Adult Learning Centers which need tutors who can coach people in reading, writing or math. Call Carrie Black at 456-7328. These centers also use volunteers in their PlayCare (ages 1-5) or afterschool activities & homework programs. *Call Genevieve Deignan at 648-8736.*



Miss being around babies? Here is your chance! **UCD MEDICAL CENTER** needs “baby cradlers” in

their Neo-Natal unit. They also want volunteers in their gift shop. *Call J.P. Eres at 734-2401.*

Dial **211** to get information 24/7 on social services in the Sacramento region. Volunteers are needed to answer calls and provide info from the site at 909 12<sup>th</sup> Street. Training provided. *Call Bob Diercks at 442-4273 x101.*

Join the staff at **ESKATON’S** office (5105 Manzanita Avenue) to help make reassurance phone calls to homebound seniors. This can also be done from your home if you do not drive but still want to help. *Call Terri Becker at 334-1072 x1414.*

The **CALIFORNIA HISTORY MUSEUM** (1020 O Street) needs help with everything from education and tours to the gift shop and office. Go to an Information Session on April 3<sup>rd</sup> from 10-12:00. *Call Erin Crump at 651-1412.*



Learn about and pass on to guests the history of Aviation at the **AEROSPACE MUSEUM OF CALIFORNIA**. Reception

and gift shop volunteers are needed too. Also visit the current exhibit *Space - A Journey to Our Future*. Orientations are held on Fridays at 1:00. *Contact Linda Bailey at 643-3192.*

Elk Grove residents! Make fantastic finds while you volunteer at the **ACS DISCOVERY SHOP** at 8533 Elk Grove Blvd. Saturday and Sunday shifts are needed from 10-2 or 2-6. *Call Jenee Wiemer at 685-7449.*

The beautiful and gourmet **CASA GARDEN RESTAURANT**, supporting the Sacramento Children’s Home, needs servers and kitchen workers/cooks. *Call Ginger Salmon at 452-2809.*



**Roger Biddle**  
*Blood Source*  
*Elk Grove Sr. Ctr.*

**Lona Bivens**  
*DHA - Mather Campus*

**Agathe Carroll**  
*Society for the Blind*

**Carol Corcoran**  
*SACA Learning Ctr.*

**Joyce Cullen**  
*SPCA*

**Cheri Hudgens**  
*Sheriff Ctr. Dist 2.*

**Catherine Kennard**  
*CHP State Office*  
*Calif. RR Museum*

**Beverly Kruse**  
*S. Natomas Library*

**Monica Loadholt**  
*Sr. Legal Hotline*  
*CHP-ESD*

**Arlene Loots**  
*Sheriff Ctr. Dist. 6*

**Arnold Loveridge**  
*AARP Tax Aide*

**Annette Owens**  
*Patient Comfort Station*

**Pam Pinkston**  
*SACA Learning Ctr.*

**John Posedel**  
*Sac. Co. DHA-EITC*

**Estelle Roden**  
*ACS Discovery Shop*

**Kitty Rollins**  
*SPCA*

**Mitchell Spell**  
*Calif. RR Museum*

**George Thompson**  
*DHHS*  
*Senior Gleaners*

**Valentina Varvalyuk**  
*Patient Comfort Station*

**Cathy Washington**  
*SACA Learning Ctr.*

**Audrey Wiechman**  
*Mercy Lifeline*  
*SACA Learning Ctr.*

*Welcome Volunteers at the  
 Bureau of Reclamation*

**Richard Getz**

**Ruth Hearn**

**Janice Kelly**

**Nancy Johnson**

**Estelle Maynard**

**Linda McWilliams**

**Peggy Prior**

The **SENIOR LEGAL HOTLINE** always needs attorneys and paralegals to advise seniors by phone on a wide variety of legal issues, plus some follow-up work aimed at resolving problems. A special area of concern now needs people to speak with seniors under threat of foreclosure. Needed are people to do initial intake/information gathering from senior callers. You must be dedicated, focused, outgoing, and accurate in obtaining information. Also phone receptionist coverage is needed in the afternoon on Thursdays to 7:00 PM and all day on Friday. Call David Mandel at 551-2145.



**Drawing for a \$25 Gift Certificate**  
 to Raleys or BelAire  
 every 2 months.

Eligible: RSVP volunteers who have up-to-date timesheets which have been sent in without a reminder. For the year 2009 winners will be drawn the 3<sup>rd</sup> week of March, May, July, September, November and January 08.

*Gift Certificate*

**1<sup>st</sup> Winner for '09 - Sharon Akey**  
**2<sup>nd</sup> Winner for '09 - Dolores Groth**  
 ☎ **WINNERS PLEASE CALL RSVP**

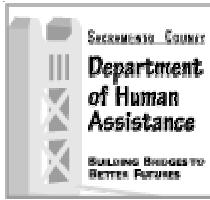
**REBUILDING TOGETHER** trains volunteers and provides the tools to install safety equipment in senior's homes on Tuesday or Thursday mornings. No experience is necessary and volunteers work in teams of 2. If you want to participate on **National Rebuilding Day April 5<sup>th</sup>** you can be one of many volunteers who will perform minor-major repairs and improvements on up to 20 homes in a local neighborhood. Call Mazuri Colley at 455-1880 x5.



**CASA (Court Appointed Special Advocate)**

**Program is recruiting for summer and fall training programs** consisting of 30-35 hours of training over a five week period to learn how to advocate for a child in foster care. One hour orientations starting at 6:00 PM to provide information about the program. Possible dates are March 18<sup>th</sup>, April 27<sup>th</sup>, and May 6<sup>th</sup>. Office is at 9719 Lincoln Village Drive #503. Call Tonia Katie Sherlock at 875-6606.

*cont'd on page 4*



**PRESORTED  
STANDARD  
U.S. POSTAGE  
PAID  
Sacramento, CA  
Permit No. 24**

Retired Senior Volunteer Program  
3727 Marconi Avenue  
Sacramento, CA 95821  
916-875-3631

*RSVP is part of  
the Corporation  
for National Service  
and is sponsored by  
Sacramento County  
Department of  
Human Assistance*

*cont'd from page 3*

Are you willing to visit 1-2 hours a week a home-bound senior in your community? If so, become a **“SENIOR PEER COUNSELOR”**. The next training will be 3/19 and 26 and, 4/2,9 and 16 from 5:30-7:30 and dinner is provided. Location is 9719 Lincoln Village Drive, #503. You will learn from UCD doctors what problems to recognize and who to notify. *Call Tonia Edelman at 366-4668.*

Give 2-3 hours a month to hold juveniles accountable for their actions by volunteering for **SACRAMENTO COUNTY PROBATION’S Neighborhood Accountability Board**. Or serve as an academic tutor while a youngster is in

detention, or as a mentor during and after they leave detention. *Contact David Taft at 875-0576.*



**PROJECT RIDE** in Elk Grove (which provides therapeutic horseback riding instruction to disabled children) will be having an orientation and

training March 18<sup>th</sup> 4:30-7:30. There will be another training after April 13<sup>th</sup>. *Call Marisa DeSalles at 685-7433.*

**Spotlight Editor - Carolyn Kneedler 875-3666.**

**Thank you to volunteer Marilyn Murtos for her graphic design of this newsletter.**